

Extra Benefits

As a member of Health Net Seniority Plus Amber I (HMO D-SNP), you get all of these extra benefits included with your plan. Most of these benefits are not covered by Original Medicare and not always offered by other health plans.

Take a look at the next few pages to see what Health Net Seniority Plus Amber I (HMO D-SNP) has to offer!

You can also contact us or our partners with questions or for more information about these services.



See your Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area.

Dental Services

Keep smiling! Dental benefits made easy!

This Health Net Seniority Plus Amber I (HMO D-SNP) plan offers coverage for hundreds of dental procedures, including many preventive and comprehensive procedures at low or no copayment. With access to care through a large dental network, this plan offers affordable, flexible, quality dental coverage.

As a member of Health Net Seniority Plus Amber I (HMO D-SNP), you will enjoy benefits like:

Convenient services

- Access plan information online
- Local professional care

Budget-friendly costs

With your Health Net Seniority Plus Amber I (HMO D-SNP) dental benefit there are no surprises. You'll know your copayments, and your out-of-pocket costs are clearly defined before any treatment begins.

Preventive Services:

- Oral exams: \$0 copay
- Cleanings: \$0 copay
- Fluoride Treatment: \$0 copay
- X-rays: \$0 copay

Comprehensive Services:

- Non-Routine services: \$0 copay
- Diagnostic services: \$0 - \$15 copay
- Restorative services: \$0 - \$300 copay
- Endodontic services: \$5 - \$275 copay
- Periodontics: \$0 - \$375 copay
- Extractions: \$15 - \$150 copay
- Prosthodontics: \$0 - \$2,250 copay

You can call for a full list of covered benefits.

Find out more information by calling 1-866-249-2382 (TTY: 711).

Hours are Monday-Friday, 7:00 a.m. - 10:00 p.m. Central Time, or visit yourdentalplan.com/healthnet.

» Hearing Care Solutions Program

Did you know you have access to hearing coverage too?

As a Health Net Seniority Plus Amber I (HMO D-SNP) member you will receive the following benefits:

- Routine hearing exam at No charge
- Hearing aid evaluation at No charge
- A selection of fully digital instruments

Hearing aids (all sizes and styles) – Limited to 2 hearing aids total (1 per ear, per calendar year).

Technology Level 1 You pay a \$0 copay per hearing aid	<ul style="list-style-type: none">• Up to 12 channels• Up to 3 programs• Good for viewing television	<ul style="list-style-type: none">• Basic technology to improve hearing in quiet environments with minimal noise• Good for one on one conversations
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Call to schedule your hearing exam! 1-866-344-7756 (TTY: 711) 6:00 a.m.–6:00 p.m. Mountain Time, Monday–Friday.



The SILVER&FIT® Exercise & Healthy Aging Program Something For Everyone!™

It's easy to stay fit, have fun and make new friends with Health Net. Learn how Health Net is dedicated to helping you stay healthy by getting started now!

Follow these simple steps:

1. Go to **www.SilverandFit.com**.
2. Register to use the website.
3. Find a participating fitness center or YMCA, or sign up for the Home Fitness program.
4. Take your fitness card to the participating fitness center or YMCA.

If you prefer, you can call toll-free 1-888-797-7757 (TTY: 711), Monday through Friday, 5 a.m. to 6 p.m. Pacific Time, excluding holidays, to find a participating fitness center or YMCA near you or to enroll into the Home Fitness program.

- All members can get access to:
- Healthy Aging classes 4 times a year (online or by mail)
- The Silver Slate® newsletter 4 times a year (online, by email, or by mail)
- The Silver&Fit Connected!™ tool, a fun and easy way to track your exercise at a fitness center or through a wearable fitness device or app and earn rewards
- Other web tools like a fitness center search and online classes

Remember: Check with your physician first before beginning any new exercise programs!

Silver&Fit is provided by American Specialty Health Fitness, Inc., a subsidiary of American Specialty Health Incorporated (ASH). Silver&Fit, Silver&Fit Connected! and the Silver Slate are trademarks of ASH and used with permission herein.



Transportation Services

Need a ride?

Health Net Seniority Plus Amber I (HMO D-SNP) offers enrolled members transportation coverage to the doctor and other medically approved appointments for \$0 copay!

Benefits include:

- Curb to curb transportation to plan-approved locations
- Taxi, wheelchair vans and other modes of transportation to meet people's physical needs
- 50 one-way trips are covered to plan-approved locations per calendar year. Mileage limits may apply.

Please make a reservation at least 72 hours in advance by calling 1-877-718-4201 (TTY: 1-866-288-3133) from 8 a.m. – 6 p.m. (local time), Monday – Friday. If a need arises within the 72 hour advanced notice, please call to see if you can be accommodated.





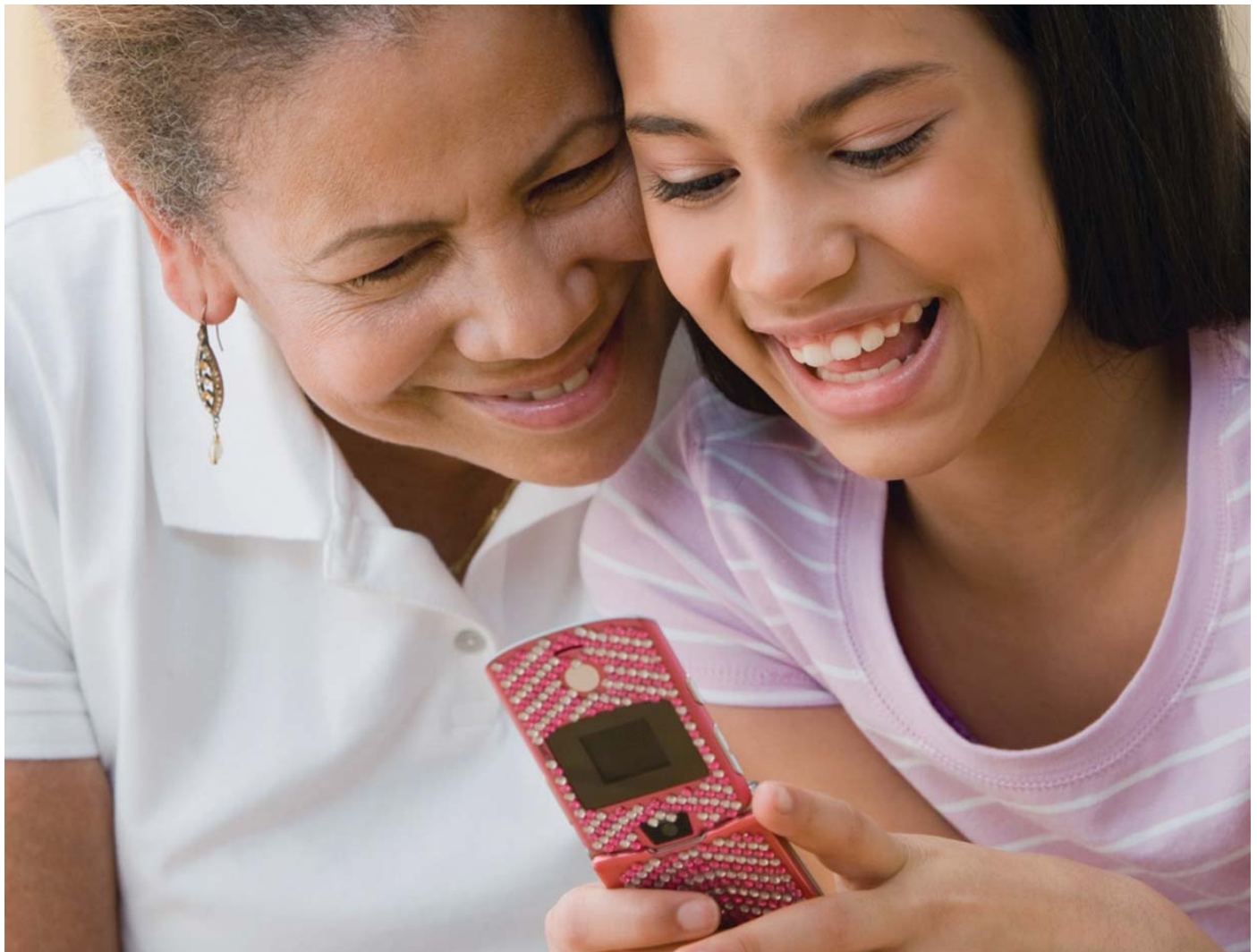
24-Hour Nurse Connect

Let our nurses help you when you have questions about health concerns or need health information.

The nurse advice line is available to any member of Health Net Seniority Plus Amber I (HMO D-SNP). The call is free and easy. A caring nurse will listen to your health problem and can help you decide the following:

- If you need to see a doctor
- If it is safe to wait or if you need care right away
- What to do if your symptoms get worse
- What you can start doing at home to feel better

You can call the nurse advice line 24 hours a day, 365 days a year. Refer to the phone number on your health plan member ID card.



Do you need an eye exam or eyewear?

Eye benefits made easy!

Members enrolled in Health Net Seniority Plus Amber I (HMO D-SNP) are entitled to the following:

- One routine (non-Medicare covered) eye exam every calendar year.
- Two routine eyewear purchase every 2 calendar years, limited to two sets of frames and two pairs of eyeglass lenses, or contact lenses (in lieu of eyeglass lenses and frames).
- \$400 max allowance for eyeglass frames (or contact lenses in lieu of frames) every 2 years.
- \$120 max allowance for progressive eyeglass lenses or lens upgrades after your \$65 copay, every 2 years (upgrades limited to progressive lenses only).
- You are responsible for amounts above the benefit limit.

Convenient services

- Access plan information online
- Ability to change your primary care eye doctor by phone or online
- Local professional care

Budget-friendly costs

With your Health Net Seniority Plus Amber I (HMO D-SNP), there are no surprises. You'll know your copayments, and your out-of-pocket costs are clearly defined before any exam begins.

Find out more information by calling 1-800-431-9007 (TTY: 711).

Hours are from October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends, and on federal holidays or visit visionbenefits.envolvehealth.com.

Contact Information

ID Card

Refer to the phone number on your health plan member ID card for the following services listed below:

24-Hour Nurse Connect

Member Services

Contact us at 1-800-431-9007 (TTY: 711) for following services listed below:

Envolve Benefit Options (Vision)

Hours are from October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends, and on federal holidays.

Vendor Information

<u>Hearing Care Solutions</u>	<u>1-866-344-7756 (TTY: 711)</u>
<u>Silver&Fit®</u>	<u>1-888-797-7757 (TTY: 711)</u>
<u>LogistiCare/Circulation Transportation</u>	<u>1-877-718-4201 (TTY: 1-866-288-3133)</u>
<u>Health Net Dental California</u>	<u>1-866-249-2382 (TTY: 711)</u>

Health Net is contracted with Medicare for HMO SNP plans, and with state Medicaid programs. Enrollment in Health Net depends on contract renewal.

This information is not a complete description of benefits. Call 1-800-431-9007 (TTY: 711) for more information.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al Call 1-800-431-9007 (TTY: 711)