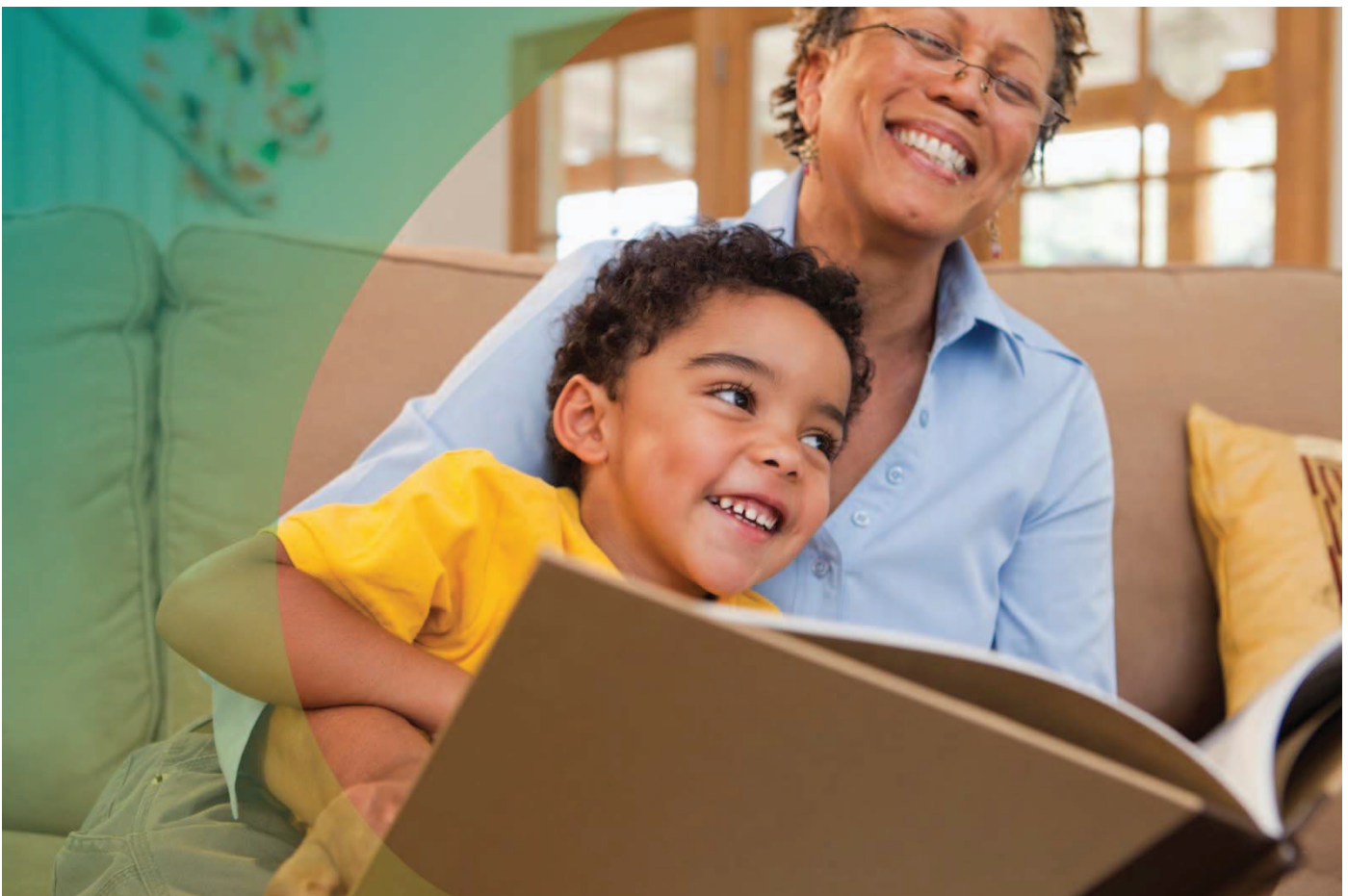


Extra Benefits

As a member of Health Net Seniority Plus Green (HMO), you get all of these extra benefits included with your plan. Most of these benefits are not covered by Original Medicare and not always offered by other health plans.

Take a look at the next few pages to see what Health Net Seniority Plus Green (HMO) has to offer!

You can also contact us or our partners with questions or for more information about these services.



See your Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area.

Dental Service

Keep smiling! Dental benefits made easy!

This Health Net Seniority Plus Green (HMO) plan offers coverage for hundreds of dental procedures, including many preventive and comprehensive procedures at low or no copayment. With access to care through a large dental network, this plan offers affordable, flexible, quality dental coverage.

As a member of Health Net Seniority Plus Green (HMO), you will enjoy benefits like:

Convenient services

- Access plan information online
- Local professional care

Budget-friendly costs

With your Health Net Seniority Plus Green (HMO) dental benefit there are no surprises. You'll know your copayments, and your out-of-pocket costs are clearly defined before any treatment begins.

Preventive Services:

- Oral exams: \$0 copay
- Cleanings: \$0 copay
- Dental X-rays: \$0 copay

Comprehensive Services:

- Diagnostic services: \$0 copay

There is a benefit deductible of \$35 and a benefit maximum of \$500 each calendar year for preventive and comprehensive services. You are responsible for amounts beyond the benefit limit.

You can call for a full list of covered benefits.

Find out more information by calling 1-866-249-2382 (TTY: 711) 7:00 a.m.–10:00 p.m. Central Time, Monday–Friday or visit yourdentalplan.com/healthnet.

Chiropractic and Acupuncture Care

Sometimes natural healthcare practices can be just what you need.

Health Net Seniority Plus Green (HMO) provides you with chiropractic and acupuncture care from excellent providers.

- Up to 30 routine (non-Medicare covered) chiropractic visits every calendar year. Visit limit combined with acupuncture services.

Call a participating provider to schedule an initial examination

1-800-678-9133 (TTY: 711) Monday–Friday, 5:00 a.m.–8:00 p.m. (Pacific Time), Saturday 12:00 p.m.–8:00 p.m. (Pacific Time). American Specialty Health Plans of California (ASH Plans).





24-Hour Nurse Connect

Let our nurses help you when you have questions about health concerns or need health information.

The nurse advice line is available to any member of Health Net Seniority Plus Green (HMO). The call is free and easy. A caring nurse will listen to your health problem and can help you decide the following:

- If you need to see a doctor
- If it is safe to wait or if you need care right away
- What to do if your symptoms get worse
- What you can start doing at home to feel better

You can call the nurse advice line 24 hours a day, 365 days a year. Refer to the phone number on your health plan member ID card.



Do you need an eye exam or eyewear?

Eye benefits made easy!

Members enrolled in Health Net Seniority Plus Green (HMO) are entitled to the following:

- One routine (non-Medicare covered) eye exam every calendar year.
- One routine eyewear purchase every 2 calendar years, limited to one set of frames and one pair of eyeglass lenses or contact lenses, or contact lenses (in lieu of eye glass lenses and frames).
- \$100 max allowance for eyeglass frames (or contact lenses in lieu of frames) every 2 years.
- \$120 max allowance for progressive eyeglass lenses or lens upgrades after your \$65 copay, every 2 years (upgrades limited to progressive lenses only).
- You are responsible for amounts above the benefit limit.

Convenient services

- Access plan information online
- Ability to change your primary care eye doctor by phone or online
- Local professional care

Budget-friendly costs

With your Health Net Seniority Plus Green (HMO), there are no surprises. You'll know your copayments, and your out-of-pocket costs are clearly defined before any exam begins.

Find out more information by calling 1-800-275-4737 (TTY: 711).

Hours are from October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends, and on federal holidays or visit visionbenefits.envolvehealth.com.

Contact Information

ID Card

Refer to the phone number on your health plan member ID card for the following services listed below:

24-Hour Nurse Connect

Member Services

Contact us at 1-800-275-4737 (TTY: 711) for following services listed below:

Envolve Benefit Options (Vision)

Hours are from October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends, and on federal holidays.

Vendor Information

American Specialty Health Group
(Chiropractic/Acupuncture)

1-800-678-9133 (TTY: 711)

Health Net Dental California

1-866-249-2382 (TTY: 711)

Health Net is contracted with Medicare for HMO plans. Enrollment in Health Net depends on contract renewal.

This information is not a complete description of benefits. Call 1-800-275-4737 (TTY: 711) for more information.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-275-4737 (TTY: 711)